#### Hi everyone

Welcome to HPHC Junior Hockey 2023. Thanks for registering to play hockey with our club. Below is information about the key start dates for practices and games. All players will be allocated into teams over the next 2 weeks and some grades we require players to attend trials in order for teams to be selected.

### Year 1-2 Starts Saturday morning 6 May from 8.30am to 9.30am (Fun Sticks)

We have a co-ordinator Zoe Teikamata who will be running this programme for us. Zoe plays in our HPHC premier women's team and is a NZ Junior Black Stick player, so brings a wealth of experience and energy.

Zoe will be relying on student coaches and parents to help run the drill stations. We will set up several drill stations so a knowledge of hockey will not be required.

Please let us know if you are keen to help out by emailing <a href="mailto:jnr@hphockey.co.nz">jnr@hphockey.co.nz</a> with the subject "Year 1-2 Parent Helper"

This year we will be running Fun Sticks from Macleans College Turf, Oliver Rd, Buckland Beach.

This will be a fun format with skills stations followed by the children being split up for small games.

There will be no trial or muster day for this age group.

You children will need a stick, shin guards, a mouthguard, lots of encouragement and a water bottle.

# Year 3-4 Practices start 1 May. Games will start on 6 May 2023. Practice time will be Monday nights from 5pm to 6pm (Mini Sticks).

There is no Ministicks trial or muster day however you are welcome to attend the year 5-6 muster day on 28 March from 5.30 to 7.00pm. Games are played on a half turf with 7 players on the field at a time and a mixed gender squad of up to 10.

Again, the focus is on fun and encouragement. All children will be allocated to a team and we endeavour to give even amounts of game time for all children. Games are played on a half field with no goalies.

Again a parent coach and manager will be required, older siblings, and/or family are welcome and we will support with a coach mentor. Please let us know if you are keen to help out by emailing <a href="mailto:jnr@hphockey.co.nz">jnr@hphockey.co.nz</a> with the subject "Year 3-4 Parent Helper". Each team will require a manager and coach. We will work to develop all coaches.

Games will be on a Saturday mornings at various locations depending on the Auckland Hockey draw.

A HPHC playing shirt will be provided by the club through the coach or manager.

You children will need a stick, shin guards, a mouthguard and a water bottle.

### Year 5-6 -Practices start 1st week of May. Games will start 6 May 2023.

The Trial and Muster is from 5.30 to 7.00pm on 28 March. There is no requirement to trial, all children will be allocated to a team. If you want your child to play in the Premier or Reserve team, they will need to be at the trials.

Practice time will depend on the team your child is placed in. At the moment we are looking at practices in Mondays, Wednesday or Thursday and this will be dependent on the team and coach. We can work with other sports commitments once teams are named.

Again a parent coach and manager will be required and all coaches will be supported with a coach mentor. Please let us know if you are keen to help out by emailing <a href="mailto:jnr@hphockey.co.nz">jnr@hphockey.co.nz</a> with the subject "Year 5-6 Parent Helper"

Games will be on a Saturday morning, at various locations depending on the Auckland Hockey draw.

## Year 7-8 - Practices start week of 1 May 2023. Premier teams practices start week beginning 24 April 2023.

There are 2 trials for this grade on Mondays **27 March and 3 April from 5.00 to 8.00pm** at Lloyd Elsmore Hockey Stadium.(LEP).

There is no need to trial and trials are for experienced players with a desire to play in a competitive and challenging grade. Registered players who do not trial will be assigned a team.

This is full field Hockey played on a Saturday morning. Premier teams play on Saturday mornings. (1 Boys, 1 Girls and mixed teams). Non Premier teams will be mixed.

Goalies for each team will be supplied with club gear if required.

Practice time will depend on the team your child is placed in. At the moment we are looking at practices on Mondays, Wednesday or Thursday and this will be dependent on the team and coach. We can work with other sports commitments once teams are named.

The first 4 or 5 weeks for *non-premier* teams will be a 6 aside structure with teams splitting into 2 and each playing a game against the opposition. While in the 6a-side structure a parent helper will be required to assist the coach by organising the other team. Later in the season we move to 11aside games.

Please let us know if you are keen to help out by emailing <a href="mailto:jnr@hphockey.co.nz">jnr@hphockey.co.nz</a> with the subject "Year 7-8 Parent Helper".

You children will need a stick, shin guards, a mouthguard and a water bottle. Additional equipment like stick bags, hand guards and defenders face marks are not essential.

Please register for all our grades on the HPHC club website.

Kits will be allocated by Team managers and Coaches closer to competition starting.

Gear bags and balls will be supplied to Managers.

We recommend that teams use Messenger or Whatsapp to communicate throughout the season.

Any further questions please contact Shane McMillan, Junior Club Captain on <a href="mailto:inr@hphockey.co.nz">inr@hphockey.co.nz</a>

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